



International Brotherhood of Electrical Workers Local 234

IBEW Local 234 Newsletter

The Electrical Worker's Union for Monterey, San Benito, and Santa Cruz Counties

July 2020

Local 234 Officers:



Lamont Adams
**Business Manager/
Financial Secretary**

Mike Ihnot
President

Al Randall
Vice President

Nick Prelgovisk
Treasurer

Stephen Slovacek
Recording Secretary

John Agra
Andy Gattis
Trudi Teller
Ryan Porter
Executive Board

Business Manager's Report by Lamont Adams

Sisters and Brothers,

On the Inside out-of-work list we have 3 on Book 1, 11 on Book 2, 6 on Book 3, and 0 on Book 4. There is 1 on Book 1 for Sound & Comm, 0 on Book 2, 2 on Book 3, and 0 on book 4. There is 0 on CW Book 1 and 0 on CW Book 2. There are no Inside apprentices on the out-of-work list.

We are living in unprecedented times. With new infections on the rise, I want to stress the need to protect ourselves from COVID-19. Now that more people are back to work and

many are in the streets protesting, our health and safety depends on following the advise of Health Officials. Please wear a face covering when you're at work or out in public. Do it because, when you wear a face covering, you're helping protect yourself, your family, and those that are at risk. This is one simple step we all can take to show that we care and want to save lives.

The Families First Coronavirus Response Act (FFCRA or Act) requires certain employers to provide their employees with paid sick leave or expanded family and medical leave for specified reasons related to COVID-19. The Department of Labor's (Department) Wage and Hour Division (WHD) administers and enforces the new law's paid leave requirements. These provisions will apply from the effective date through December 31, 2020. Generally, the Act provides that covered employers must provide to all employees: Two weeks (up to 80 hours) of paid sick leave at the employee's regular rate of pay where the employee is unable to work because the employee is quarantined (pursuant to Federal, State, or local government order or advice of a health care provider), and/or experiencing COVID-19 symptoms and seeking a medical diagnosis; or Two weeks (up to 80 hours) of paid sick leave at two-thirds the employee's regular rate of pay because the employee is unable to work because of a bona fide need to care for an individual subject to quarantine (pursuant to Federal, State, or local

government order or advice of a health care provider), or care for a child (under 18 years of age) whose school or child care provider is closed or unavailable for reasons related to COVID-19, and/or the employee is experiencing a substantially similar condition as specified by the Secretary of Health and Human Services, in consultation with the Secretaries of the Treasury and Labor. Please go to www.dol.gov/agencies/whd for more information.

The Union Hall office is now open to the public. You may visit to pay dues, buy merchandise, and sign the books. Masks are mandatory and we have limited occupancy to one person in the lobby at a time. We still encourage you to call or go online for your member services.

There will be a General Body meeting held July 8th, 2020 at 6:30 p.m. in the parking lot of the Union Hall. Social distancing guidelines apply and face coverings will be required. Please call the office if you have any questions.

We have had the grass and weeds cut at our property on Tambladerra street. This has revealed lots of garbage and debris left behind by others. I am asking for volunteers to help clean up the property on Saturday July 18, 2020 at 8 a.m. If you can help, please RSVP by calling the Hall.

The fight for justice for those who have been treated unfairly is a fight the IBEW believes in. On June 1, 2020 International President Lonnie Stephenson issued a statement on the Death of George Floyd. He expressed the IBEW's cause "has always been the cause of human solidarity, human dignity and justice and equality for all...The labor movement has long stood shoulder to shoulder with those fighting for civil rights and a society free from the blight of racism and discrimination."

The fourth of July holiday falls on Saturday and shall be observed on **Friday July 3, 2020**. Please have a safe holiday weekend!



Prevention With Little Steps by Rasha Aniaq

June marks my first year as your Patient Advocate and what a colorful year it has been.



From cold symptom management, marriage counseling, cancer navigating, directing the best route to be seen by a doctor to the COVID-19, emotional care, finding benefit outlets for those who lost coverage and the infamous Benny Card, I remain honored to have your trust.

One of my favorite memories was a member dealing with eczema and learning through research that gut health and emotional health are the two factors that affect this disease. Together we reviewed which foods were causing the inflammation in the digestive lining and together, we developed a meal plan that was easy to follow. In addition, we found a great meditation station on Pandora and in three months saw results.

Another favorite experience was being the tele-La Maze (breathing exercises for pregnant women going through labor) for a soon-to-be mother during the COVID pandemic. My biggest take away was that calming the mind does such wonders to our overall health. I still have more to learn about breathing exercises and learning more about the work environment of the electricians. However, priority for me is keeping our brothers and sisters safe as things start to re-open. Let us stay connected and call me if you need anything, even to vent. 831-731-0460

For health tips & tricks please visit my new page:

@ibew234necanurse on Instagram

Union Hall—Office

The Union Hall office is now back open.

Monday—Friday 8:00 AM—12:00 PM / 1:00 PM—5:00 PM

You may visit us to pay dues, buy merchandise, and sign the books.

Masks are mandatory at this time and we will limit occupancy in the lobby to one person at a time.

Are You Registered to Vote? Go to goo.gl/XF1FBd

Are you registered to vote in California? Or have you moved recently and need to update your address?



To register to vote in California, you must be:

- A United States citizen,
- A resident of California,
- 18 years of age or older on Election Day,
- Not currently imprisoned or on parole for the conviction of a felony (for more information on the rights of people who have been incarcerated, please see the Secretary of State's Voting Rights for Californians with Criminal Convictions or Detained in Jail or Prison), and
 - Not found by a court to be mentally incompetent.

The deadline to register to vote for any election is 15 days before Election Day, so be certain to register early! Register to vote online with the California Secretary of State Alex Padilla at goo.gl/XF1FBd

FAQ's on Coronavirus:

https://www.cdc.gov/coronavirus/2019-ncov/faq.html?utm_source=leaderupdate&utm_medium=email&utm_campaign=04-09-20

AFL-CIO Coronavirus (COVID-19) Resource Page

The AFL-CIO has compiled a [Coronavirus \(COVID-19\) pandemic resource page](#) with valuable information and updates. In addition, please check out [your union's website](#) as they may have additional information and resources.

Local 234 Health & Welfare Link

<https://www.ourbenefitoffice.com/IBEW234/Benefits/HealthcareDocuments.aspx>

Protecting Your Mental Health and Grief Counseling During COVID-19

The **Peer-Run Warm Line (1-855-845-7415)** is a non-emergency resource for anyone in California seeking emotional support. They provide assistance via phone and webchat on a nondiscriminatory basis to anyone in need.

<https://211montereycounty.org/>

State of California Updates

<https://covid19.ca.gov/>

Free COVID-19 testing now underway on the Central Coast

All tests are by appointment only.

To make an appointment, call 1-888-634-1123 or visit <https://lhi.care/covidtesting>.

United States Department of Labor

This webpage provides information for workers and employers about the evolving coronavirus pandemic. The information includes links to interim guidance and other resources for preventing exposures to, and infection with, the novel coronavirus—officially named SARS-CoV-2, which causes the Coronavirus Disease 2019 (COVID-19).

<https://www.osha.gov/SLTC/covid-19/>

Declaration of the IBEW

Our cause is the cause of human justice, human rights, human security.

We refuse, and will always refuse, to condone or tolerate dictatorship or oppression of any kind.

We will find and expel from our midst any who might attempt to destroy, by subversion, all that we stand for.

This Brotherhood will continue to oppose communism, Nazism or any other subversive "ism."

We will support our God, our Nation, and our Union.

IBEW's 2020 Photo Contest

The IBEW's 2020 Photo Contest is accepting submissions. Deadline to enter is **October 1, 2020**

Click [Here](#) for rules and instructions.

Winners will be featured in a future issue of the Electrical Worker.

Good Luck!



Tri-County Electrical JATC Training News

(831) 633-3063

CPR/First Aid Certification Class

Due to health and safety concerns during the COVID-19 pandemic, we will not be holding a physical, onsite CPR / First Aid course at the training center. The JATC, however, has come up with an alternative solution should you be in need of renewing your certification, through the American Red Cross.



Online portion at www.redcross.org/takeaclass

Select: **Provisional Certification Adult First Aid CPR / AED – OL** and your zip code

Cost: **\$97** (to be reimbursed by the JATC upon receiving a copy of your certification)

Please note that the online portion is only the first step. Once this is completed, take your certification to an American Red Cross facility near you to do the practical exam where you will receive your actual certification card. You must present the JATC with a copy of this certification card in order to be reimbursed.

The reimbursement will only be available to those who are expired or will be expiring by September 1, 2020.

California State Certification Renewals

Have you recently renewed your Electrician Certification? Do you know when your certification expires?

Notify the Hall of your new expiration date and certification number. Also, pick up any forms you need at the Hall or request copies of Class Completion Certificates to provide proof of education.

If you are renewing your Electrician Certification prior to your certification expiring, you will need to have 2,000 hours of work in the industry in the past three years and have completed 32 hours of continuing education from an approved educational provider, like the JATC.

You will then need to submit your [Renewal Application](#) with proof of your 32 hours and payment of \$100. As always, call the Hall or call Stacy with the Training Center if you have any questions.

Donate To The JATC When You Shop Amazon

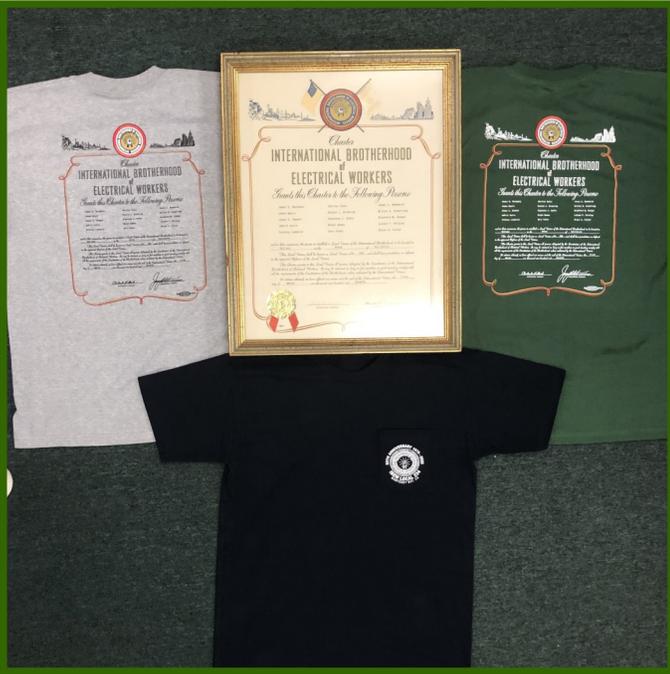


Shop at **AmazonSmile** when you shop at Amazon. Amazon will donate 0.5% of the price of your eligible AmazonSmile purchases to the **Tri-County Electrical JATC**. Start your shopping at smile.amazon.com/ch/23-7114317

The Tri-County Electrical JATC is a non-profit 501(c)3. Donations are tax-deductible.

New Merchandise

T-Shirts



Lapel Pins



Hats



Members only Online Access

You may access your online profile at <https://m.gotomyunion.com>. Or download the **ISAQR** app at

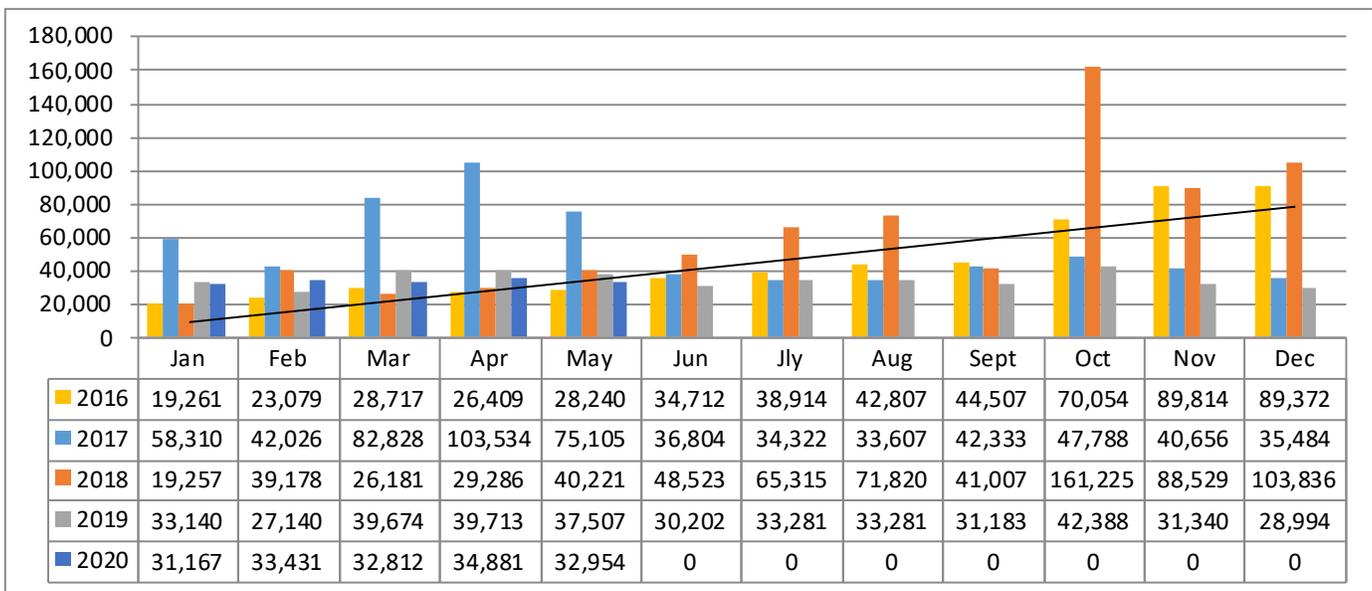
Apple Store: <https://goo.gl/GxYXtk>
Google Play: <https://goo.gl/LqvSt7>

Please contact the office if you need your individual username and password again.
831-633-2311

Go Green with Our e-Edition!

Sign up today to receive the newsletter in your email. Help reduce production costs and be "green" at the same time. Our homepage is located at www.ibew234.org. There is a link under Downloads, Newsletter to the subscribe form or call the Local 234.

Monthly Hours Report



Happy July Birthdays!

Johnny C Baker
Nicholas T Castillo
Bradley S Conger
Sean J Connors
L Earl Davis
Harry D Deupser
Seth P Dietz
Philip DiGirolamo
David J Durbin
Stevan Gamez
Andrew Gaona
Fred J Geiger
Michael D Gruber
Scott B Harris
Jaime Hernandez
Randy J Hill
Richard G Hoerger

Tonnie C Humphrey
James M Hurtado Jr
Dennis M Ihnot
Stan Klasa
Matthew S Kulich
Douglas A Landis
Enrique Lara
Greg Maggini
Vincent P Matyas
Robert McClung
Jose Melgarejo
Arturo S Melgoza
Robert Meloney
Mario F Mladineo
Marvin E Morales
William Moua
Adalberto Padilla

Carlos A Prado
Alberto Rangel
Jose Recio Jr
Trey W Replogle
Michael Rippey
Gabriel A Rodriguez
John P Rodriquez
Alex Sanchez
David S Silva
Michael A Stevenson
Josh O Stockton
Raymond Y Sykes II
Murray Temple
Ezequiel Torres
Robert Valenzuela Jr
Carlos M Vargas
James M Walker



This Month's Local 234 Winners!

The **June** union meeting was postponed.
Voluntary PAC (Political Action Committee):

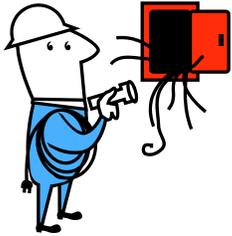
Apprentice Give-Away:

Give-Away Winners:

General membership meetings are the second Wednesday of each month. The next general membership meeting will be:

**Wednesday, July 8th, 2020
 @6:30 pm**

The meeting will be held in the parking lot.
 Face masks and social distancing will be in effect



Quote of the Month

“Freedom is the open window through which pours the sunlight of the human spirit and human dignity..”

— Herbert Hoover

July 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3 HOLIDAY	4 Independence Day
5	6	7	8 General Body Meeting @ 6:30 PM	9	10	11
12	13	14	15	16	17	18
19	20	21 JATC Meeting @ 4:00 PM	22 Executive Board Meeting @ 6:00 PM	23	24	25
26	27	28	29	30	31	



International Brotherhood of Electrical Workers Local 234



NONPROFIT
ORGANIZATION
IBEW LOCAL 234
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Job line

**Tri-County Electrical
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RETURN SERVICE REQUESTED

