



International Brotherhood of Electrical Workers Local 234

# IBEW Local 234 Newsletter

The Electrical Worker's Union for Monterey, San Benito, and Santa Cruz Counties

December 2021

## Local 234 Officers:



Lamont Adams  
**Business Manager/  
Financial Secretary**

Mike Ihnot  
**President**

Al Randall  
**Vice President**

Nick Prelgovisk  
**Treasurer**

Stephen Slovacek  
**Recording Secretary**

John Agra  
Andy Gattis  
Trudi Teller  
Ryan Porter  
**Executive Board**

## Business Manager's Report by Lamont Adams

Sisters and Brothers,

On the Inside out-of-work list we have 37 on Book 1, 34 on Book 2, 15 on Book 3, and 4 on Book 4. There is 1 on Book 1 for Sound & Comm, 1 on Book 2, 0 on Book 3, and 0 on Book 4. There is 0 on CW Book 1 and 1 on CW Book 2. There are 0 Inside apprentices on the out-of-work list.

I hope everyone had a safe and happy Thanksgiving. After 2 years, having all of the family together gave me a sense of peace I haven't felt in a long while. Spending time with our loved ones

during the holidays is precious and should be cherished. We have come a long way since the beginning of this pandemic. But we must remain vigilant because we still have a long way to go. Please wear your mask and get vaccinated if you are able to do so.

In November's newsletter I made an error in my announcement of the amount that would be allocated towards wages. There will not be a 3% deduction for NEBF. The deduction was from the CIR decision made for our previous Inside Agreement. That decision does not effect our New Inside Agreement. The entire \$3.50, members voted for, will be allocated towards wages. The new Journeyman hourly rate will be \$56.91. There will also be a new 401(k) option. Members will have the option to invest \$2, \$5, or \$8 per hour into the National Electrical 401(k) Plan. I hope you all take advantage of this new savings option. The wage increase and 401(k) option will go into effect **December 27, 2021**.

Sound and Communications members voted last month on their wage allocation of \$4.00. Base on the votes received the Membership allocated \$2.50 towards wages, \$1.00 towards pension, and \$0.50 towards Health & Welfare. The \$0.50 for Health & Welfare includes \$0.15

towards the Benny Card, bringing it's amount to \$0.65 per hour. Since this Agreement was from a CIR decision 3% NEBF will be deducted form the wage. The new Installer hourly rate for Local 234 will be \$47.93. The wage increase goes into effect **December 1, 2021**.

Per Section 8.01 of the 9th District Sound & Communications Agreement the S&C members also voted to add a vacation account at 3% of the hourly wage. Each member will receive a letter and ACH form to fill out with their banking information. The members that return it will have their vacation deductions transferred to their bank account each month. The members who do not return the form will receive a check at the end of the year. Checks can also be requested quarterly. This will go into effect **January 1, 2022**.

At each meeting members can place their name in a box for an annual drawing at the December General Membership Meeting. The prize is \$234. You must be present to win. Last years winner was Inside Journeyman Tom Thomas. Will you be next? Attend our next General Body meeting on **December 8th**.

We will be having a food drive for Food Bank for Monterey County. Food banks have been providing for the needs of many in our community and they need our help. The cost of food has increased and is putting a strain on our local Food Banks. Let's remember those less fortunate than us. I encourage you to bring non perishable foods and money donations by the Hall. Any amount helps those in need.

Christmas Eve, Friday, **December 24th** and Christmas day, observed Monday, **December 27th** are Holidays for the Inside, S&C, and CECWs. New Year's Eve, Friday, **December 31st** is a Holiday for the Inside and CECW. It is not a Holiday for S&C. New Year's Day, observed Monday, **January 3, 2021** is a Holiday for the Inside, S&C, and CECWs.

I wish you and your family a Merry Christmas and a Happy New Year!



# Prevention With Little Steps by Rasha Aniaq



Cell: 831-731-0460  
rasha@ibew234.org

Greetings all!

Lockdowns, lack of social interaction, and the inequalities during the COVID-19 Pandemic have greatly affected people's mental health. Although things are still a little foggy in terms of going back to normal, it is important to take care of yourself emotionally, physically, and intuitively.

What mechanisms do you use to cope? Studies have shown a rise in substance reliance during the pandemic, which is not healthy. Imagine, if you may, that you are on an episode of *Survivor*. What strategies will you use to survive the mental and emotional challenge of this pandemic? I, personally, invested in a stationary bike (no, not the fancy ones that cost 1k) and started listening to all the bands and artists that I have on my old CD player. Yes, I still have mine. Please take this time to reflect on how far along you have come and practice gratitude. Challenge yourself to be your best self.

Here are some recommendations for preventative care.

**Preventive Health in your 20s and 30s**

- Make sure your vaccines are up to date.
- Get a dental check-up at least every 24 months.
- Go in for a check-up at least every 3 years.
- Have an eye exam at least once in your 20s and twice in your 30s.
- Get an STD test every time you have a new sexual partner or have unprotected sex.

**Preventive Health in your 40s**

- Start screening for type 2 diabetes at age 40.
- Start colon cancer screenings at age 45.
- Go in for a general check-up at least every 3 years.
- Test your blood pressure annually.
- Have your cholesterol levels checked regularly.

**Preventive Health in your 50s**

- Go in at least once a year for a routine check-up.
- Talk with a doctor about PSA tests from age 55.
- Get your shingles vaccine after you turn age 50.

**Preventive Health in your 60s**

- Get a fall-risk screening annually from age 65.
- Get your pneumococcal vaccine once you turn age 65.
- Get an abdominal aortic aneurysm screening between ages 65 to 75.

**Preventive Health in your 70s and Beyond**

- Get your flu vaccine every year.
- Get a bone density test.
- Continue to see your doctor at least once a year.

# Congratulations on your Service Award!

## 2021 SERVICE AWARD RECIPIENTS

### 70 Years

John Mowrey

### 65 Years

Terry Currance  
Burnett Dougherty  
Johnnie Lamascus

### 60 Years

Frank Bigman  
Patrick Selfridge

### 55 Years

Bryce Fuller  
Joseph Olaeta  
David Rubens

### 50 Years

Joseph Antoni  
Brian Sansome  
Robert Rollins  
Harry Deupser  
Herman Taube

### 40 Years

William Cannon  
Bradley Conger  
Michael Freeman  
Dana Saccullo  
Mark Clough  
Cynthia Dzendzel  
Kirk Morrison  
Michael Stone

### 35 Years

Adrien Antosz  
Mark Dybdahl  
Alan Repogle  
Juan Rodriguez  
Jack Russo  
Aaron Selbicky

### 30 Years

Anthony Davis  
Richard Hoerger  
Alan Minami  
Heber Tuazon  
Ralph Yniguez

### 25 Years

Jeremy Bigman  
Eugene Davis  
Robert Greene  
David Karalius  
Adalberto Padilla  
James Brown  
Chris Franklin  
Heath Guaracha  
Tony Pacheco

### 20 Years

Brandon Alvarez  
L. Earl Davis  
John Greene  
Anthony Kalstrom  
Reynold Ramirez  
Jonathan Stanley  
Christopher Ayala  
Andrew Gattis  
Mark Hiura  
Rick Keaton  
George Sandman  
Kevin Trinh

### 15 Years

Ruth Dean  
Steven Luiz  
Mario Mladineo  
Keith Rudd  
Carlos Segura  
Bronson Huerta  
Jose Melgarejo  
Jose Recio  
William Rust  
Moises Zuniga

### 10 Years

Trey Replogle

Jose Amezcua  
Bryan Craddock  
Kyle Evans  
Florencio Garcia  
Lance Grant  
Cory Hoffman  
Tremaine Lamb  
Victor Lopez  
Jonathan Marquez  
Jesus Montano  
Irlesis Rodriguez  
Maxwell Schnittger  
William Stadtmiller

### 5 Years

Israel Andrade  
Tyler Daly  
Gary Gabriel  
Ivan Garcia-Ponce  
Troy Grier  
Tonnie Humphrey  
Ronald Lance  
Felix Mabelo  
Robert Melgar  
William Moore  
Alex Sanchez  
David Silva  
Ronald Swim

Antonio Castro  
Dupree Demery  
Arturo Garcia  
Joe Goulsby  
Jaime Hernandez  
Michael Julian  
Joseph Lehnert  
Ernest Magallan  
Anthony Moag  
Carlos Prado  
Jason Sanders  
Francisco Sosa  
Juan Torres

Service Awards will be available for pick up at the Union Hall as well as The General Body Meeting on December 8th. If you are unable to pick up your awards—They will be mailed to you in January 2022.

## In Memoriam 2021

**Patrick Cotter**

**Robert Earl**

**Douglas Landis**

**Jose Martinez**

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# Tri-County Electrical JATC Training News

(831) 741-9069

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**ALL upgrade classes have gone back to 100% in-person learning at the training center**

## CPR/First Aid Certification Class



A **CPR/First Aid class** is scheduled for **Saturday, January 22<sup>nd</sup>** from **8am—1pm**. Instructor Merralinda Goddard will be teaching the basics of First Aid and CPR.

Contact Stacy with the JATC at (831) 741-9069 to sign up and reserve your space.

\*If you reserve a space and do not show up for class, you will be responsible for paying for the class.\*

Limited space available—sign up soon!

## 2017 NEC Significant Changes Class

**\*\* Significant Changes Class is Cancelled for the month of December\*\***

## Congratulations on Completing Class

**NEFP 70E** Held on 11/6/2021

Joaquin Argueta, Steve Luiz, Miguel Mexicano, Aladdin Preston, Francisco Rodriguez, Chad Vargas, and Ralph Yniguez.

## Donate To The JATC When You Shop

REMEMBER to use Amazon Smile while buying your holiday gifts this year!

Shop at **AmazonSmile** when you shop at Amazon. Amazon will donate 0.5% of the price of your eligible AmazonSmile purchases to the **Tri-County Electrical JATC**. Start your shopping at [smile.amazon.com/ch/23-7114317](https://smile.amazon.com/ch/23-7114317)

The Tri-County Electrical JATC is a non-profit 501(c)3. Donations are tax-deductible.



## Instructors Needed

The JATC is still looking for instructors to teach an Inside apprenticeship class and Journeyman upgrade classes. If you are interested in sharing your experience and knowledge with the future of the IBEW, please contact Lamont Adams (831-731-0927) or Stacy Rubalcava (info@tricityjetc.org) at the JATC. There are minimum qualifications requirements to be an instructor for the Community College system that need to be satisfied with Hartnell College.

## Milwaukee Apprentice of the Month

The Apprentice of the Month program is sponsored by Milwaukee Tools. The goal is to encourage apprentice participation and reward a high performing student for achieving outstanding results both in the classroom and on the job.

For **December 2021** the JATC has chosen to recognize:

**5th-year: Scott Benson**

as the Milwaukee Apprentice of the Month. The apprentice of the month will have a dedicated parking space at the Training Center and also receive a gift provided by Milwaukee.



## Holiday Food Drive

The Union Hall has bins available throughout this holiday season to gather food donations for the Food Bank of Monterey County.

Did you know that 1 in 4 people in Monterey County go Hungry?

The Food Bank of Monterey County works hard to operate over 240 direct distribution sites and stock the emergency pantries & meal programs that feed approximately 15,000 people each week. Let's give them our help!

Any non-perishable food or monetary donation you can spare will be greatly appreciated!



## National Electrical 401(k) Plan—NEFP

Saving for retirement is one of the most important things you can do to provide for your financial future!

Keep your eye out for your Welcome Packet from the NEFP, serviced by Prudential Retirement, in the next couple of weeks. Enrolling in the NEFP 401(k) plan is easy and the welcome packet will walk you through the process step by step!

Some key points to remember as you enroll:

- You are allowed to elect to defer \$2.00, \$5.00, or \$8.00 per hour **ONLY**. Although you may be allowed to chose other dollar amounts and/or a percentage on the contribution election page, those amounts will not be accepted.
- Selection changes may be done at dispatch and at the beginning of the January payroll period only.
- Participation is elective—you do not need to participate.



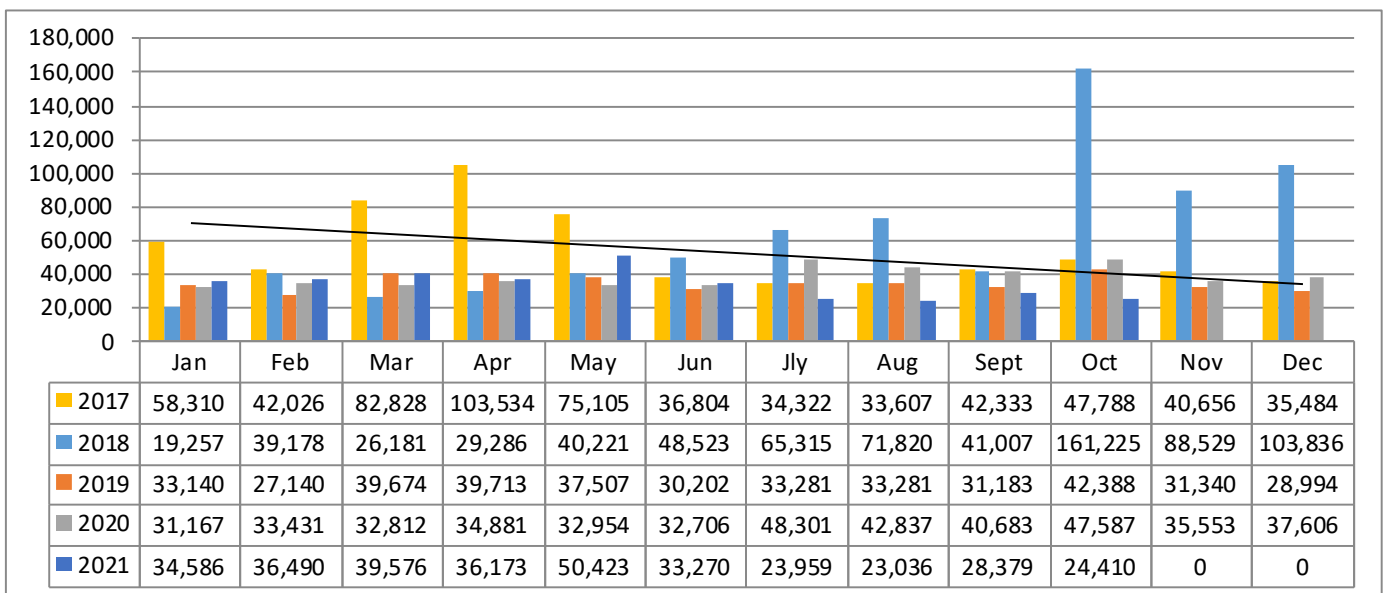
## NEFP—401k

The 401k Plan will go into effect on December 27th, 2021! This plan offers you the opportunity to supplement your retirement savings. Some of the benefits in participating include:

- Pay less in Federal Taxes.
- Contributions will grow tax-deferred until you withdraw.
- Compounding—earn interest on both the money you contribute and any interest you earn.

The specifics of how to enroll will be sent to you in the upcoming weeks—Keep an eye out!

## Monthly Hours Report



## Happy December Birthdays!

Roberto Alanis-Aguilar  
 Amauri Arista  
 John Barber  
 Francisco Barboza  
 Wallace Barnes, Jr.  
 Julio Beltran  
 William Cannon  
 Marshall Carle  
 Jose Castaneda-Garcia  
 Alex Clayton  
 Andrew Coker  
 Dorman Evans  
 Arturo Garcia  
 Craig Geis, Jr.

Ashley Gibson  
 Paul Gutierrez  
 Miguel Huerta Ponce  
 Charles Hughes  
 David Hurdle  
 Nicholas Jackson  
 Diego Juarez  
 Ron Keaton, Jr.  
 James King  
 Victor Lepe  
 Luis Lopez  
 Nick Luczak  
 Anthony Moag  
 Apolinar Moreno, Jr.  
 Ryan Ochiner

Kevin Page  
 Ricardo Ramirez Ruiz  
 Brett Ritchie  
 John Roka  
 Charles Schlesinger  
 Justin Soto  
 Brian Stanley  
 Richard Stone  
 Terry Tatroe  
 Gabriel Torres  
 Tyson Towles  
 Randyn Trybom  
 Chad Vargas  
 Zachary Warner





# This Month's Local 234 Winners!

December 2021

**Voluntary PAC (Political Action Committee): Mike Ihnot**  
 Won \$5.00

**Apprentice Give-Away: \$23.40—Alfredo Nicolosi**

**Give-Away Winners:**

John Greene won a t-shirt donated by Jeremy Bigham  
 Andy Hartmann won an IBEW local 252 hat  
 Richard Edwards won an IBEW license plate frame

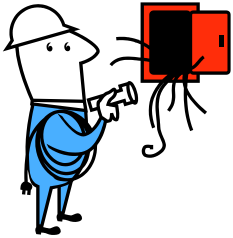
**Quote of the Month**

“A happy family is but an earlier heaven.”

– George Bernard Shaw

General membership meetings are the second Wednesday of each month. The next general membership meeting has been scheduled on Wednesday, December 8th at 6:30 PM

Face masks are required for entry into building



# December 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8 General Body Meeting @ 6:30PM	9	10	11
12	13	14 JATC Meeting @ 4:00PM	15	16	17	18
19	20	21	22 E-Board Meeting @ 6:00PM	23	24 HOLIDAY	25 CHRISTMAS DAY
26	27 HOLIDAY	28	29	30	31 HOLIDAY New Years Eve	



# International Brotherhood of Electrical Workers Local 234



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