

Official Journal of the International Brotherhood of Electrical Workers

Local 234 Castroville, CA. November 2023 Edition

Reflection and Gratitude

Greetings Brothers and Sisters,

November is a month well spent with gratitude and reflection. Thanksgiving, a cherished holiday for many, encourages us to pause and express our thanks for the blessings in our lives.

This month, let us not only celebrate our achievements but also acknowledge the people who have contributed to our success. Our local thrives because of its members, whose dedication and hard work are the driving force behind our accomplishments. It's a time to say "thank you" to those who stand by our side, making our journey worthwhile.

Our achievements are a testament to our shared vision, strategy, and execution. They serve as a reminder of our collective strength and unity as a Union. It's a powerful lesson in what we can accomplish when we work together with determination and purpose.

As Thanksgiving approaches, let's take a moment to share our gratitude with those who matter most to us—our family, friends, and fellow members. It's a time to reflect on the importance of unity and the impact it has on our lives, both personally and professionally.

May this be a month of thanks, vision, and continued success for IBEW Local 234. Let us carry the spirit of gratitude and unity with us as we move forward, confident in our ability to shape a better and brighter future together.

Thank you Brothers and Sisters for your knowledge and support. I appreciate you!

In solidarity,

Paul J

Business Manager
IBEW Local 234
(831) 594-0860



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SPECIAL POINTS OF INTEREST

- BM Report
- 747 Nears Completion
- Become an Electrical Contractor Course open to all!

THE HEALTH CORNER

Holidays are portrayed as a joyful time, filled with pleasant images of family gatherings, yet reality for some is much different. Holidays can be a source of stress, anxiety, and depression for many people.

Here are 5 tips for managing holiday stress and anxiety:

1. Set reasonable expectations. Set healthy limits about what you can and cannot do. This includes setting realistic budgets. Don't expect perfection from yourself, others, or the holidays.

2. Take care of yourself. Walk, exercise, rest, practice gratitude. Breathe-deep slow inhale and exhale.

3. Acknowledge grief. Holidays remind us of those we have lost. It is normal and ok to grieve.

4. Connect with those who give you support. Isolating will only increase feelings of stress, anxiety, and depression.

5. Get help if you need it. Reach out for help if your feelings of stress, anxiety, or sadness become overwhelming.

Here are free resources to help you:

National Alliance on Mental Illness: 1-800-950-NAMI (1-800-950-6262)

Substance Abuse and Mental Health Services Administration: Hotline: 1-800-662-4357

National Suicide Prevention Lifeline: 1-800-273-TALK (1-800-273-8255)

Anita Alvarez, Nurse Health Advocate
831-741-8677 (confidential work cell)
anita@ibew234.org

747 El Camino Real Update:

Vision to Reality

Our journey towards transforming 747 El Camino into our new home is reaching an exciting milestone. The interior space is near completion, and our focus will take us to the landscape and grounds.

Inside those walls, we'll find unity, progress, and a place where our dreams as a Union will come to life. This space symbolizes our unwavering commitment to our Members and our enduring legacy.

Stay tuned for updates as we draw closer to our opening date of January 1, 2024.



Wage Allocation Results:

I'm thrilled to share an update from our October 11th Union meeting, where we voted on the allocation of our \$4.25 raise. The wage allocation results are in, and the decision was unanimous: the full \$4.25 raise will be added to the journeyman rate. This means that the new journeyman rate is \$65.16 effective the last week of December 2023.

This decision reflects our dedication to fair wages, better working conditions, and a brighter future for all members of IBEW Local 234. Thank you for your engagement and for being an essential part of our Union's success.

Roots of Resilience

Preserving and celebrating the history of IBEW Local 234 isn't just an exercise in nostalgia; it's a testament to the strength and unity that's propelled us through the years. In the lobby of our new Union Hall will be a collection of our history on display.

We invite each and every one of you to contribute to this living legacy. If you have memorabilia, photographs, or stories that capture key moments or everyday life at Local 234, we encourage you to share them with us. This is your opportunity to be part of something greater—a collective memory that not only decorates our new Union home but also inspires future generations to build on the solid foundation we've laid.

Your contributions won't just be objects in a case; they'll be the soul of our Union, encapsulating our past, enriching our present, and inspiring our future. Let's complete this vision together, and continue on our path to making Local 234 one of the strongest Locals in America.

Forge your path in Electrical Contracting

Secure your spot and sign up now! We are excited for our upcoming Electrical Contractor Course, featuring expert instructor Matt Kolbinsky. Set for January 22-26 at our new Union Hall, this is more than a class—it's a launchpad for your future.

Being an electrical contractor doesn't just mean you're your own boss; it means you're a creator of opportunities. This course gives you the keys to unlock doors not just for yourself, but for future generations of Local 234.

Don't wait for chances; create them. Your future is in your hands, so grasp it tightly. Contact us to reserve your spot, and let's build a legacy of strength and opportunity together.

Become an
Electrical
Contractor!

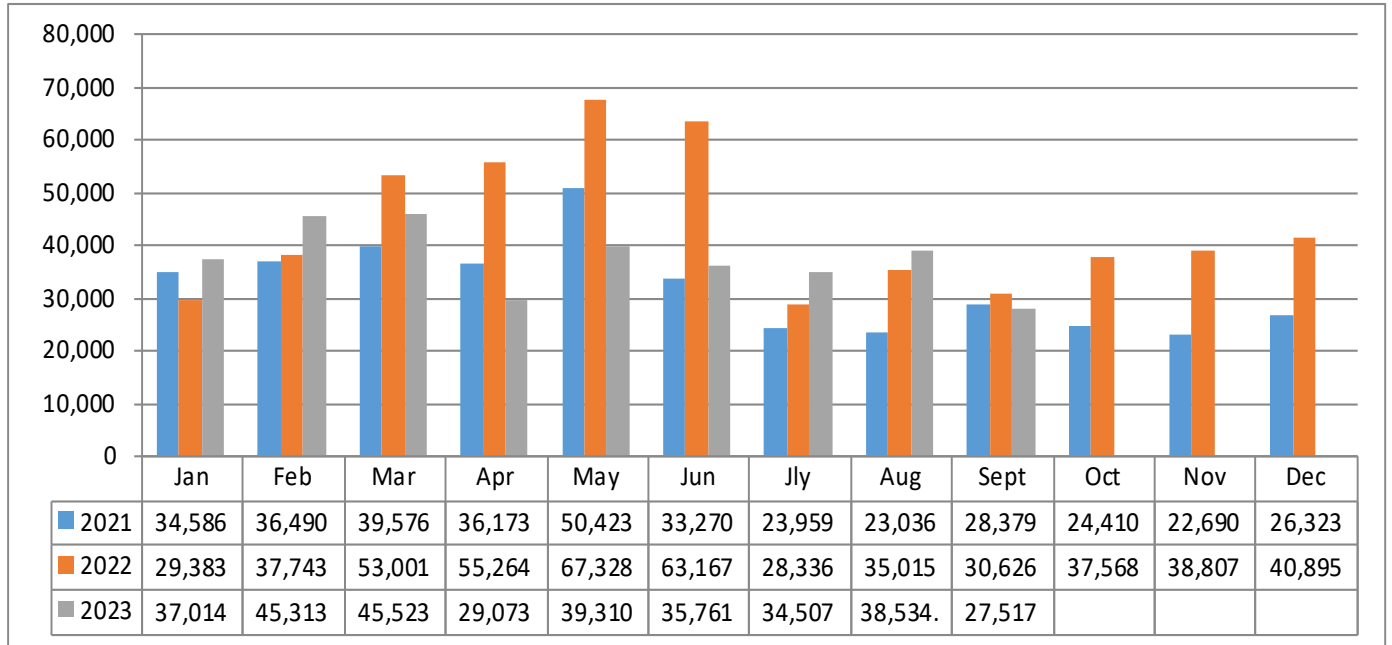


Happy November

Birthdays!

Alberto Aguilera
Miguel Bustos
Hector Camacho
Adam S Cortes
John H Craft
Sabyn Cupples
Jose G Gomez
Arturo Gonzales
Lance A Grant
Juan R Jaramillo
Anthony Kalstrom
Andres R Laureano
Joseph Lockshaw
Francisco R Lopez
Stefan A Marceron
Raul Marin
Jaime P Martinez
Aaron J Monroy
Daniel M Ortigoza
Robert C Ortiz-
Ayala
Jose de Jesus
Renteria
Matthew E Rivas
Oscar A Rivero
Charles Ruiz
James B Stanchfield
Matt Steinmetz
Tanarri D Stocker

Monthly Hours Report



Monthly Calendar: November 2023

<div> <div><</div> <div>NOVEMBER 2023</div> <div>></div> </div>						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
			First Day of American Indian Heritage Month	Apprenticeship Classes (2nd, 3rd, 5th Years)		CPR/First Aid
			Apprenticeship Classes (1st, 4th Years)			
			CLC Meeting			
5	6	7	8	9	10	11
Daylight Saving Time ends	Apprenticeship Classes (1st, 4th Years)	Election Day	Seaside HS Career Fair	Apprenticeship Classes (2nd, 3rd, 5th Years)	HOLIDAY - Veteran's Day Observed	HOLIDAY-Veteran's Day
		Apprenticeship Classes (2nd, 3rd, 5th Years)	Apprenticeship Classes (1st, 4th Years)			Veterans Day
			General Body Meeting		Veterans Day (substitute)	
12	13	14	15	16	17	18
	Apprenticeship Classes (1st, 4th Years)	Apprenticeship Classes (2nd, 3rd, 5th Years)	Apprenticeship Classes (1st, 4th Years)	Apprenticeship Classes (2nd, 3rd, 5th Years)		
19	20	21	22	23	24	25
	Apprenticeship Classes (1st, 4th Years)	JATC Meeting	Executive Board Meeting	HOLIDAY- Thanksgiving Day	HOLIDAY- Day After Thanksgiving	
		Apprenticeship Classes (2nd, 3rd, 5th Years)		Thanksgiving Day		Native American Heritage Day
26	27	28	29	30		
End of Pay Period	Apprenticeship Classes (1st, 4th Years)	Apprenticeship Classes (2nd, 3rd, 5th Years)	Apprenticeship Classes (1st, 4th Years)	Apprenticeship Classes (2nd, 3rd, 5th Years)		

Tri-County Electrical JATC Training News

UPCOMING CLASSES

CPR / First Aid with Blood-Borne Pathogens

This class is scheduled for **Saturday, November 4th from 8am – 1pm**. Instructor, Merralinda Goddard, will be teaching the basics of First Aid and CPR. Contact Damaris in the JATC office at (831) 633-3063 to sign up.

****Please note that class size is limited and sign-up is required. This is NOT a drop-in class. Also note that if you reserve a space and do not show up for the class, you will be responsible for paying for the class.**

MILWAUKEE APPRENTICE OF THE MONTH – NOV: Joaquin Argueta, 3rd year



My Brothers Keeper

Safety remains a top priority at IBEW Local 234. We are considering forming a dedicated Safety Committee. Your input is important and we are eager to gauge interest among our members who are passionate about safety.

The committee will be a forum where members can discuss safety protocols, explore safety technologies, and stay updated on the best safety practices that can benefit our members.

Our goal is to hold quarterly meetings, ensuring that participation is both meaningful and manageable.

If you're interested or have any questions, please reach out to us. We're excited to explore this opportunity and look forward to hearing from you.

Class completions:

Foreman Dev Series

10/07/23

Alberto Aguilera

Richard Edwards

Mohammed Garaan

Angel Lopez-Magana

Armando Munoz

Oscar Rivero

David Salinas

Juan Torres

Foreman Dev Series

10/21/23

Alberto Aguilera

Richard Edwards

Mohammed Garaan

Angel Lopez-Magana

Armando Munoz

David Salinas

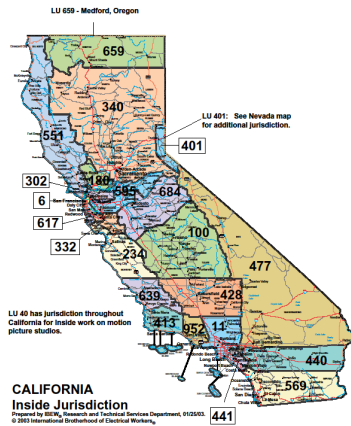
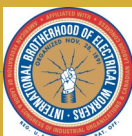
Juan Torres

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IBEW OBJECTIVES

The objects of the International Brotherhood of Electrical Workers are:

- ♦ To organize all workers in the entire electrical industry in the United States and Canada, including all those in public utilities and electrical manufacturing, into local unions
- ♦ To cultivate feelings of friendship among those of our industry
- ♦ To settle all disputes between employer and employees by arbitration (if possible)
- ♦ To assist each other in sickness and distress
- ♦ To secure employment
- ♦ To reduce the hours of daily labor
- ♦ To secure adequate pay for our work
- ♦ To seek a higher and higher standard of living
- ♦ And by legal and proper means to elevate the moral, intellectual and social conditions of our members, their families and dependents, in the interest of a higher standard of citizenship.



NONPROFIT ORGANIZATION

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CAO/Assistant
Business Manager

Mike Brown
Business
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**Natasha
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Office Administrator

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Jonathon Marquez
Vice President

Enrique Ramos
Treasurer

Stephen Slovacek
Recording Secretary

John Agra
Nick Jackson
Nicholas Prelgovisk
Jorge Suarez
Executive Board