## Official Journal of the International Brotherhood of Electrical Workers

Local 234 Salinas, CA. January 2024 Edition

#### A Momentous Gathering At Our New Home

Greetings, Local 234 members,

As we step into the New Year, I want to extend my warmest wishes for a prosperous and successful year ahead. It's with great pride that I reflect on the incredible event we hosted last night at our new headquarters, located at 747 El Camino Real.

The significance of this occasion cannot be overstated. We were joined by esteemed guests, including Ken Scherpinski, our International Representative, and Abe Talakai, a friend and Business Representative from Local 617. Their presence highlighted the importance of this milestone.

Our new home is more than just a building; it's a testament to the dedication, vision, and hard work. It's a symbol of our commitment to advancing the interests of our members and ensuring a strong and vibrant future.

During the evening, the photographs captured not only the impressive structure but also the unity and solidarity that define our Local. These images remind us that together, we are an unstoppable force.

As we embark on this new chapter, let's draw inspiration from the achievements of our past and carry that momentum into the future. This year holds promise, opportunities, and challenges, and I am confident that, as a united and determined group, we will conquer them all.

Here's to a year filled with success, growth, and unwavering solidarity. Let's make 2024 a year we'll look back on with pride.

In unity and commitment,

Paul G

Business Manager IBEW Local 234 (831) 594–0860



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# SPECIAL POINTS OF INTEREST

- BM Report
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#### THE HEALTH CORNER

RSI are musculoskeletal injuries that affect thousands of workers in the trade industries each year. RSI results from over exertion and repeating the same task without giving the body time to recover. Common types of RSIs: carpel tunnel syndrome (wrist), shoulders, knees, legs, and hips. Unresolved RSI can lead to more serious issues affecting one's ability to work, and even necessitating surgery.

#### **Common causes:**

Twisting movements with awkward postures Working with vibrating tools for long periods of time Standing for long periods of time without rest Putting excess weight on the body using the wrists, arms, shoulders, and back

#### Tips to prevent RSI

Hydrate- water lubricates joints and musculoskeletal system.

Take regular breaks, rest and stretch.Try to limit repetitive motions.Warm up and stretch before, during, and after the workday.

> Go to this link on best stretches for RSI. <u>https://</u>

<u>www.rsipain.com/stretching-</u> <u>exercises.pdf</u>

If you have any questions or would like more information, please feel free to reach out to me. Wishing you a New Year of good health and well being!

Anita Alvarez, RN, PHN Nurse Health Advocate for IBEW234 831-741-8677 anita@ibew234.org

#### 747 El Camino Real Update:

#### A heartfelt thank you to Javier Contreras!

In the journey of creating our new home at 747 El Camino Real, countless hours of hard work and dedication have gone into every detail. One remarkable detail that stands out is the stunning IBEW logo adorning the wall of our new headquarters. This eye-catching artwork is not just a visual masterpiece; it's a testament to the unwavering dedication of one of our own, Javier Contreras.

Javier poured his heart and soul into this project, investing countless hours and immense effort to bring our logo to life. The result is a breathtaking piece of art that will leave a lasting legacy for generations of IBEW Local 234 members to admire.

Every brushstroke, every shade of color, and every meticulous detail on that wall speaks volumes about Javier's commitment to our local. It's a symbol of his love for the brotherhood, his passion for our union, and his desire to contribute to our new home in a meaningful way.

On behalf of all our members, we want to extend our deepest gratitude to Javier Contreras for his exceptional work. Your dedication and artistic talent have created something truly special that will inspire and unite us for years to come.

We encourage all our members to take a moment to admire Javier's masterpiece when visiting our new headquarters. It's a testament to the incredible talents and the unwavering spirit of our local.

Thank you, Javier, for your remarkable contribution to IBEW Local 234.

#### Impressions of Inauguration at General Body Meeting January 10 2024







#### Master Electrical Contracting: Enroll Today!

The countdown has begun! Our highly anticipated Electrical Contracting Course, led by the renowned Matt Kolbinsky, is set to kick off on January 22. If you haven't registered yet, now is the time.

This is your final opportunity to secure your spot and embark on a journey towards a brighter future in the electrical industry, contact Rosie at the Union hall today, and let's light up your path to success!

Course Dates: January 22-26 Location: IBEW Local 234 Union Hall

This course is your ticket to unlocking a world of possibilities in electrical contracting. Led by the experienced and renowned Matt Kolbinsky, you'll gain essential skills and knowledge to thrive in this dynamic industry.

It's not just for our Local members; participants from other IBEW locals will be joining us too. This means you'll network with professionals from across the industry, creating connections that can propel your career.

Seats are limited and filling up fast. If you're eager to take your career to new heights and explore the world of entrepreneurship, this is your chance.

Start the new year with a bang – equip yourself with the skills to excel in electrical contracting! Secure your spot by calling Rosie at 831-633-2311.

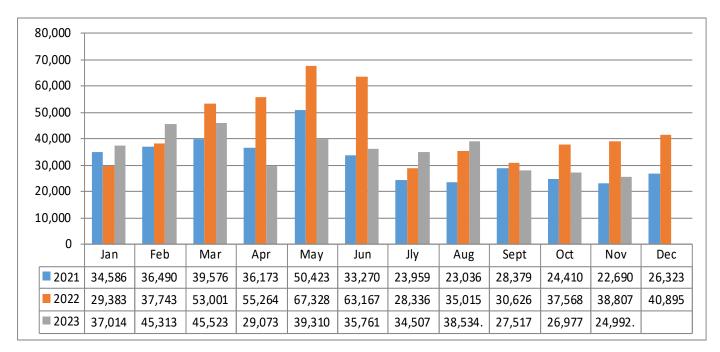
- Benefits of being a UNION contractor
- Building a business plan for success
- Determining start-up costs
- Estimating software
- Solar Design Software
- Basic electrical & solar estimating
- New technology opportunities ev charging
- ▶ Introduction to Solar/Energy Storage
- ► Energy Audits/Lighting Retrofits
- ▶ Utilizing Grants, Rebates & Tax Credits
- ▶ Bonding & Insurance costs & requirements
- Payroll/Collections
- Corporate Structure/Mechanics Liens
- ► Accounting/record-keeping
- Contractor Licensing
- Writing business contracts
- Invoicing/Change Orders
- Networking/Promoting your business
- Servicing your customers
- Maximizing your profitability

### Happy January

#### **Birthdays!**

Abraham L Adams, Jr. Joseph W Antoni Rafael Castro, Jr. Mark D Clough William L Clough Felix A Cortez Matthew A Craddock Ruth A Dean Scott Gaffnev Manuel A Garcia Ralph Garcia Cristian M Gonzalez Robert B Greene Kirt T Hackett **Gregory Hague Darrell Hickey** Cory C Hoffman Valentin Ivanov Jesus M Jara Artemio Z Juarez Philip E Karleen, Jr. Sean P Kent Michael A Kulich Jaime Lara Jose Leon Giovanni Lopez Ernest J Magallan Ronald R Martinez Aiden P McNutt George Mellone Gale M Michalek Jose Moncada David A Morales Ernesto Morales Yeng Moua Francisco Mundo, Jr Roberto Paz-Murillo Nicholas J Prelgovisk **Reynold Ramirez** Manuel Ramos Bryan Ruiz-Herrera Dana E Saccullo Maxwell L Schnittger **Delbert D Slaughter** Jorge Suarez Trudi Teller Jaime Urzua Michael J Wolfe Jim Zupkus

#### **Monthly Hours Report**



#### Monthly Calendar: January 2024

<	JANUARY 2024					>
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 HOLIDAY-New Year's Day	2	3 CLC Meeting	4	5	6
	JATC Time Study (track admin hours)					
	LMCC Quarterly Gift Cards					
	~					
7	8	9	10	11	12	13
	Apprenticeship Classes (1st, 4th Years)	Interviews Apprenticeship Classes (2nd, 3rd, 5th Years)	Apprenticeship Classes (1st, 4th Years) General Body Meeting	Interviews Apprenticeship Classes (2nd, 3rd, 5th Years)		
14	15	16	17	18	19	20
	HOLIDAY- Martin Luther King, Jr's Birthday	JATC Meeting Apprenticeship Classes	Apprenticeship Classes (1st, 4th Years)	Apprenticeship Classes (2nd, 3rd, 5th Years)		CPR / First Aid
	Martin Luther King Jr. Day	(2nd, 3rd, 5th Years)				
21	22	23	24	25	26	27
	Apprenticeship Classes (1st, 4th Years)	Apprenticeship Classes (2nd, 3rd, 5th Years)	Apprenticeship Classes (1st, 4th Years)	Apprenticeship Classes (2nd, 3rd, 5th Years)		NFPA 70E
			Executive Board Meeting			
28 End of Pay Period	<b>29</b> Apprenticeship Classes (1st, 4th Years)	<b>30</b> Apprenticeship Classes (2nd, 3rd, 5th Years)	<b>31</b> Apprenticeship Classes (1st, 4th Years)			

#### Welcoming Ron Chesshire: Our new Government affairs Liaison!

We are pleased to introduce Ron Chesshire, our new Government Affairs and Political Liaison for IBEW Local 234. Ron has joined our team with a mission to advance our objectives and enhance the quality of life for our valued members.

Ron's commitment to our community and his extensive experience in both politics and the construction industry make him a valuable asset to our Local. He has hit the ground running, and we are confident that his dedication will bring about positive changes for our members.

Please join us in extending a warm welcome to Ron Chesshire as he becomes a part of our Local 234 family. We look forward to working together towards a brighter future for all of our members.



#### Join Our Team-Organizer Position Open!

Are you passionate about making a real impact? Do you have what it takes to be a driving force in our Union? If so, we want to hear from you!

We're excited to announce that the Organizer position at Local 234 is now open for applications. If you're interested and qualified, please send your resume to us for consideration. This role offers a unique opportunity to make a positive difference in the lives of our members.

Join us in shaping the future of our union and empowering our members. Your dedication and skills can be the driving force behind our continued success. Let's work together to build a stronger and more vibrant future for Local 234!

IBEW Local 234 747 El Camino Real Salinas, CA. 93907 www.ibew234.org (800) 499-4239 (831) 633-2311 Fax: (831) 633-0570 Email: thehall@ibew234.org (831) 633-JOBS (5627)Job line

Tri-County Electrical JATC www.tricountyjatc.org info@tricountyjatc.org

#### IBEW OBJECTIVES

The objects of the International Brotherhood of Electrical Workers are:

- To organize all workers in the entire electrical industry in the United States and Canada, including all those in public utilities and electrical manufacturing, into local unions
- To cultivate feelings of friendship among those of our industry
- To settle all disputes between employer and employees by arbitration ( if possible )
- To assist each other in sickness and distress
- To secure employment
- To reduce the hours of daily labor
- To secure adequate pay for our work
- To seek a higher and higher standard o of living
- And by legal and proper means to elevate the moral, intellectual and social conditions of our members, their families and dependents, in the interest of a higher standard of citizenship.





#### In the Office

Paul Gutierrez Business Manager/ Financial Secretary

Jorge Suarez CAO/Assistant Business Manager

Ron Chesshire Government Affairs

Rosie Bauers Office Administrator Local 234 Officers Andy Hartmann President

Jonathon Marquez Vice President

Enrique Ramos Treasurer

Stephen Slovacek 831-345-7342 Recording Secretary

Jeff Beers Nick Jackson Nicholas Prelgovisk Jorge Suarez Executive Board

#### **JATC News:**

#### CPR / First Aid with Blood-Borne Pathogens with Merralinda Goddard

This basic First Aid/CPR class is scheduled for **Saturday**, **January 20<sup>th</sup> from 8am – 1pm**.

Contact Damaris in the JATC office at (831) 633-3063 to sign up.

\*\*Please note that class size is limited and <u>sign-up is required</u>. This is NOT a drop-in class. NFPA 70E

This class is scheduled for **Saturday, January 27<sup>th</sup> from 8am – 2pm** with instructor David Martinez. <u>Contact Damaris</u> in the JATC office at **(831) 633-3063** to sign up.

\*\*Sign-up is required. This is NOT a drop-in class.

#### **Recognizing Dave Martinez**

In the realm of apprenticeship training, the role of instructors is paramount. Today, we'd like to express our gratitude to David Martinez, who has stepped up to instruct our fifthyear apprenticeship class. His willingness to share his expertise and knowledge is truly valued.

David's commitment to passing on his skills to the next generation of electricians is commendable. We also want to thank Manuel Valdez, our outgoing instructor, for his dedication and contributions to the program.

As we move forward, let's continue to support our instructors. Their dedication is instrumental in shaping the future of our local union.

Thank you David for your contributions to our apprenticeship program.

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