MONTEREY • SANTA CRUZ • SAN BENITO COUNTY

Official Journal of the International Brotherhood of Electrical Workers



A Union Built on Action

Dear Members,

May is a time when we celebrate the strength and spirit of working people across the world. It's a month rooted in the history of the labor movement, and a reminder that progress comes through unity, action, and pride.

At IBEW Local 234, we have every reason to celebrate. The work picture is strong. Our apprenticeship program is thriving, job calls are abundant and opportunities continue to grow. We've seen new partnerships form, new projects break ground, and our Union family continue to expand.

This is what happens when leadership, membership, and purpose align. We are seeing real victories, not just in numbers, but in lives changed, futures secured, and the respect we have earned across our communities. Every call filled, every project completed with excellence, every apprentice graduating into a career of opportunity, this is the living legacy of the IBEW.

May Day reminds us: Our rights as workers, our dignity in our craft, and our ability to shape our destiny are not accidents, they are achievements. They are the result of generations who believed in the Union cause and refused to settle for less.

Today, we honor that spirit not with words alone, but with action: Stronger contracts, more jobs, higher standards, unity, and a future that belongs to the working class.

As your Business Manager, it is my greatest privilege to stand with you, to fight alongside you, and to continue building a local that doesn't just survive, it leads. We are strong. We are proud. We are Local 234.

In solidarity,

Paul G

Business Manager IBEW Local 234 (831) 594–0860

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SPECIAL POINTS OF INTEREST

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Website:

https://ibew234.org/



Thanks to the partnership between MYNT Energy, Monterey County leadership, and the skilled hands of our members, Local 234 has already delivered another successful energy project for our community.

At a recent ribbon-cutting ceremony at Salinas' Schilling Place, we celebrated the completion of building solar and storage infrastructure on the rooftop, creating even more opportunities for our electricians and apprentices.

The Health Corner

What do you know about the silent killer?

High blood pressure or hypertension is often called the "silent killer." Because most people do not know they have high blood pressure- they have no symptoms. But hypertension left untreated can cause stroke, heart attack, aneurysm, and kidney failure, which can cause disabilities like blindness, memory problems, and partial paralysis, to name a few, and ultimately death.

What is normal blood pressure:

Normal blood pressure is 120/80. Elevated blood pressure is above 130/80. Hypertension is blood pressure above 139/89.

Risk factors for elevated/high blood pressure include:

- Obesity or being overweight.
- Family history of high blood pressure.
- Not being physically active.
- Diet high in salt (sodium) or low in potassium.
- Tobacco use (including secondhand smoke)
- Drinking too much alcohol
- Chronic Stress
- Certain chronic conditions. Kidney disease, diabetes, sleep apnea, among others.
- Age. Risk increases with age. *However, anyone can have high blood pressure at any age.* Race. More common among Black people.

Prevention:

It's important to regularly check and control your blood pressure. Adults aged 18 -39 should have a blood pressure check at least every two years. Adults aged 40 and older should have a blood pressure check at least once per year. You might need more frequent checks if you have elevated blood pressure or other risk factors for heart disease.

Congratulations to the Tri-County JATC Class of 2025

Today, we proudly celebrate the achievements of the Tri-County JATC Class of 2025, a group of hardworking individuals who have completed one of the most challenging and rewarding journeys in the trades. You didn't just complete a program, you built a foundation for a lifetime of success for yourselves and your families.

The title of Journeyman Wireman is more than a milestone. It's a badge of honor earned through sacrifice, perseverance, and a commitment to excellence. It's the gateway to greater opportunities, leadership, and the ability to provide a better future for the people who matter most.

As we celebrate , let's also recognize the families who stood behind you and the instructors who shaped you. No one achieves this alone, and today belongs to all who believed in you along the way. The path ahead is bright, and it's yours to walk. Congratulations, Class of 2025. Your Brotherhood stands with you, and your future is limitless.

Honorable Mentions:

Alanis-Aguilar, Roberto Arredondo, Marco Meloney, Robert Nicolosi, Alfredo Rodriguez, Frank Villaneda, Philip



JATC NEWS

CPR / First Aid

Saturday, May 3, 2025 from 8am – 1pm with instructor, Merralinda Goddard **This is not a drop-in class. Sign-up required**

Confined Space Awareness

Cancelled due to lack of sign-ups. We hope to reschedule for sometime in the summer.

Damaris will be in the JATC office thru June 30^{th} . If you would like to sign up for classes, please call the JATC office at (831) 633-3063 during regular business hours: Monday – Thursday from 12pm – 5pm.

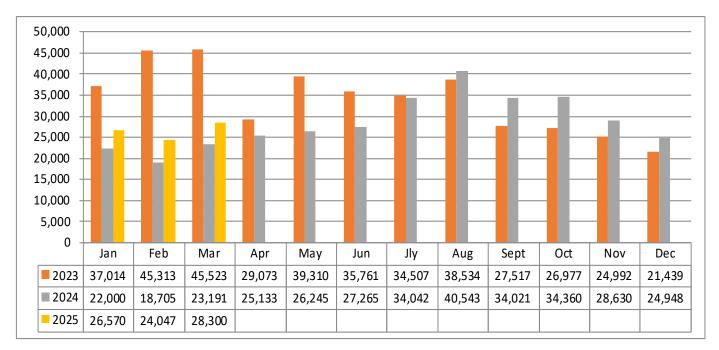
Stacy Rubalcava Training Administrator Tri-County Electrical JATC 10300 Merritt Street Castroville, CA 95012 (831) 741-9069



Happy May Birthdays!

Angel A Aledo Jose E Amezcua Justin A Anderson Trinidad Avila Issac G Azua, Sr Salvador Barajas Saul Barrera **Clint Byrum** Jason Carmona-Ruiz Laurie Clark **Daniel M Corson** Adam Cullers Aidan Daily Luke S Danzer Michael Delgado **David J Espinoza Michael M Freeman** Jose R Garcia, Jr Kasey J Jeska **Jeffrey S Jones Beau J Kelly Tyler Kendall Ronald D Lance** Alex Lara **Jason O Lawrence Christian** Lopez Leo F Lotz **Felix A Mabelo** Jonathon Marquez, Jr Aaron R Maxwell James J McGee, II Jose B Munoz **Omar M Padilla Kevin** Pitts **Kevin K Rategan Irlesis Rodriguez Darien M Rosbach Timothy M Sugden Darwin** Tadeo Rios **Robert L Tangonan** Will Thompson Juan Vargas, Jr. Antonio Villasenor-Alvarez

Monthly Hours Report



<	MAY 2025					>
Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3 CPR / First Aid
4	5 Cinco de Mayo	6 Cinco de Mayo	7	8	9	10
	Apprentice Classes - 1st / 3rd Years	Apprentice Classes - 1st / 3rd Years				
11 Mother's Day	12 Mother's Day	13	14 General Body Meeting	15	16 JATC Graduation	17
18	19	20	21	22	23	24
		JATC Meeting				
25	26	27	28	29	30	31
End of Pay Period	End of Pay Period Memorial Day	Memorial Day	Executive Board Meeting			

May Day: The Power of Action Over Title

On May Day, we honor the spirit of the working class! The men and women who didn't wait for permission, who didn't lead with a title, but who stood in the trenches and built the foundation of American labor with their own hands.

In our world, there's a difference between holding a position and fulfilling a role. A title alone doesn't move a cause forward. It's the action behind it, the decisions, the sacrifices, and the daily fight for something greater than oneself, that defines real leader-ship.

IBEW Local 234 is where it is today because individuals have risen to their roles, not just their titles. It's been the work, the integrity, and the commitment to building real, measurable success for our members that has elevated us. We are not here because we waited for someone else to lead; we are here because we accepted the responsibility to make it happen.

This May Day, we celebrate that spirit. The spirit of action. The spirit of responsibility. The belief that true leadership is proven in what you deliver, not just what you promise.

As we move forward, may we continue to choose action over words, results over rhetoric, and leadership that puts our Brotherhood and our future first.

Happy May Day to the working men and women who make this world move, and to those who truly lead by example.



Nominations for Union Officers - May 14th General Body Meeting

We are proud to announce that nominations for the elected officers of IBEW Local 234 will take place at our next General Body Meeting on Wednesday, May 14th at 6:00pm at the Union Hall.

All members in good standing are encouraged to attend and participate in this important process. Your voice, your vote, and your involvement shape the future of our Local. This is your opportunity to stand for leadership or to nominate the brothers and sisters you believe will continue to carry our Local forward with strength, integrity, and unity.

We welcome every eligible member to be a part of this moment. Let's continue building the future of Local 234 together, stronger than ever.

IBEW Local 234 747 El Camino Real Salinas, Ca. 93907 www.ibew234.org (800) 499-4239 (831) 633-2311 Email: thehall@ibew234.org (831) 633-JOBS (5627)Job line

Tri-County Electrical JATC www.tricountyjatc.org info@tricountyjatc.org

IBEW OBJECTIVES

The objects of the International

Brotherhood of Electrical Workers are:

- To organize all workers in the entire electrical industry in the United States and Canada, including all those in public utilities and electrical manufacturing, into local unions
- To cultivate feelings of friendship among those of our industry
- To settle all disputes between employer and employees by arbitration (if possible)
- To assist each other in sickness and distress
- To secure employment
- To reduce the hours of daily labor
- To secure adequate pay for our work
- To seek a higher and higher standard o of living
- And by legal and proper means to elevate the moral, intellectual and social conditions of our members, their families and dependents, in the interest of a higher standard of citizenship.





In the Office

Paul Gutierrez Business Manager/ Financial Secretary

Jorge Suarez CAO/Assistant Business Manager

Henry Cortez Organizer

Ron Chesshire Government Affairs

Rosie Bowers Office Administrator
Image: Contract of the contra

NONPROFIT ORGANIZATION IBEW LOCAL 234 U.S. POSTAGE PAID CASTROVILLE, CA PERMIT NO. 410

Local 234 Officers

Andy Hartmann President Jonathon Marquez

Vice President

Enrique Ramos Treasurer

Stephen Slovacek Recording Secretary

Jeff Beers Nick Jackson Nicholas Prelgovisk Jorge Suarez Executive Board

